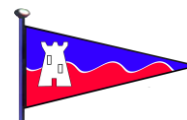
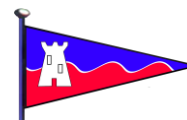


	<p>Symptoms.</p> <p>GYGSC recognizes the importance of minimizing the risk of coronavirus to members and people sailing at Gorleston. The following risk assessment has been carried out to reduce the risks to sailors using the club.</p> <p>The most common symptoms of coronavirus (COVID-19) are recent onset of a new continuous cough and/or high temperature, or loss or changed sense of normal smell or taste (anosmia). If you have these symptoms, however mild, <u>do not go to the club</u> but follow Government guidance which states you should stay at home and not leave your house for 7 days from when your symptoms started (if you live alone), or 14 days (if you live with someone who has symptoms). If anyone becomes unwell with a new, continuous cough or a high temperature or loss of taste or smell while at the club, they should go home and follow the stay at home guidance. A Club Officer should be informed of this illness. If you share a home with someone who has the symptoms of coronavirus, <u>stay at home and do not come to the club for 14 days</u></p>	8/06/2020
--	---	-----------

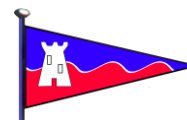
Area	Controls Implemented	Date Updated
Clubhouse	<p>Members are required to wear a facemask when in the clubhouse.</p> <p>Access only for the following and for as short a time as possible:</p> <p>SUPs – members may access the clubhouse to retrieve and return SUPs.</p> <p>Safety Boat Equipment – Rib crew may retrieve the radios from the clubhouse. Radios should be cleaned and sanitised before and after use.</p> <p>Toilets - Members are to avoid the use of toilets as far as possible. Members must ensure good standards of hygiene are adhered to and ensure that all surfaces, taps and door handles are sanitised, Hands should be sanitised on entering and exiting the building.</p> <p>Access to fridge - see catering</p>	23/03/2021



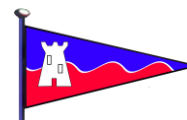
Area	Controls Implemented	Date
	Chairs and tables – Not available for use. Changing Rooms – see changing	
Dinghy Park Outside	Open	8/06/2020
Dinghy Park Sheds	Access to rib crew only for accessing the ribs.	
Reducing the risk of the virus	<p>Members should maintain 2m social distancing. Where this is not possible at least 1m+ with appropriate mitigation should be observed. This applies on and off the water.</p> <p>Outside of organised club organised activities members must only meet in groups of up to 6 people. Groups should not interact with other groups.</p> <p>During organised activities members should not gather in groups of more than 6 people when not participating in launching and recovery.</p> <p>Members should log there visit to the club on GYGSC track and trace system at http://gygsc.org.uk/track-and-trace/ Or using the government QR codes.</p>	13/09/2020
Prom	Boats are not to be left or rigged on the Prom.	8/06/2020
Launching and Recovery	<p>Members to be aware of others and be patient.</p> <p>Members are advised to bring a 3m piece of rope to attach to other members trailers to help</p>	28/06/2020



Area	Controls Implemented	Date
	move boats, in order to maintain social distancing.	
Activities	<p><u>Casual Sailing and Racing.</u></p> <p>Sailors are entirely responsible for their own safety, there will be very limited organised safety boat cover. The club will communicate when it is open for sailing.</p> <p>The club is open for SUP water activities.</p>	28/06/2020
Safety on the water	<p>Ribs to be manned by members of the same household only.</p> <p>Safety cover will be more limited than usual as powerboats when launched are likely to be single manned.</p> <p>A boat is responsible for its own safety and members must make an individual assessment of the weather conditions and whether or not it is safe to launch.</p>	28/06/2020
Two man boats	<p>Helm and crew from different households must follow RYA guidelines for sailing with people not in their household.</p> <p>RYA Sailing & Racing in Mixed Households.pdf</p>	13/09/2020
Commonly touched surfaces	<p>e.g. Gate lock, toilet doors and lock and door handles to the shed. Members to bring their own hand sanitising gel and use it regularly when touching surfaces. Single use gloves will also be acceptable.</p>	17/06/2020



Area	Controls Implemented	Date
Hoses and external taps	Members must ensure that they sanitise their hands before and after use.	17/06/2020
Club boats	Club boats will be available for occasional use. However there will be a 72 hour restriction after each hire unless booked again by the same person. Boats booked for Thursday will only be available to the same member the following Sunday. Equipment for club boats to be stored in the boats.	17/06/2020
First Aid	It is essential that hands are sanitised before the first aid box is touched. A committee member is to be informed if the box is accessed. Where possible members should use their own first aid kits.	17/06/2020
Catering and drinks	There will be no catering at the club.	19/08/2020
Responding to a potential Covid 19 exposure at your club	Member to inform a member of the committee. Club members will be emailed and advised of the dates that the members attended the club. It will be left to members to determine if they had any contact and isolate themselves as required by the current government guidance.	17/06/2020
Changing	The changing rooms are currently closed, except in the case of an emergency.	23/03/2021



Area	Controls Implemented	Date
Action to be taken if social distancing is not observed	Individual members may be barred from the club if they ignore social distancing rules. The club will be closed if there is widespread behaviour which is not compatible with government guidelines.	17/06/2020
Locks, door handles, gates etc.	Members to use hand sanitiser/ anti bac. Wipes after touching any such item. Single use gloves are also acceptable	17/06/2020
Race Buckets	<p>Separate Race buckets should be used for Thursdays and Sundays.</p> <p>Race officers are advised to bring their own whistle to start races.</p> <p>Race hooters should be marked with the last date used. Hooters must be sanitised after use. Hooters are to be kept in order of use.</p> <p>Race results are to be emailed by the race officer to be processed</p> <p>Race buckets should be kept in the rib shed.</p>	19/08/2020
Marks	Marks should be dropped and recovered by the same person	19/08/2020