

# **Great Yarmouth & Gorleston Sailing Club**



## **2018 - General Sailing Instructions and Conduct of Racing**

### **1 RULES**

- 1.1 Racing will take place under the current Racing Rules of Sailing (RRS) and RYA Prescriptions, these SIs and any relevant Class Rules.
- 1.2 All races and Regattas shall be classified as Cat A (*defined in the RRS*), except as stated in a Notice of Race (NoR) or relevant Class Rules.

### **2 CONDITIONS OF ENTRY**

- 2.1 The safety of a boat and her entire management, including insurance, shall be the sole responsibility of the owner/competitor who must ensure that the boat and crew are adequate to face the conditions that may arise in the course of the race(s). The establishment of these SIs in no way limits or reduces the complete responsibility of the owner/competitor for his/her crew or boat and the management thereof. Neither the organising authority, the Club or the Race Committee shall be liable for any loss, damage, death or personal injury caused to competitors as a result of their taking part in any competition/races. Attention is drawn to RRS Fundamental Rule 4; the Club and organisers provide motorised support, but may be unaware of any difficulties experienced by any boat at any time.
- 2.2 Each competitor shall be responsible for ensuring that they and their boat have adequate third party insurance cover; a minimum of £3,000,000 is recommended.

### **3 NOTICES TO COMPETITORS**

Notices to competitors will be posted at the Club, normally either on a chalkboard on the outside wall, or on a portable chalkboard within the Club premises. Other notices will be displayed on the official notice board located indoors, adjacent to the Ladies changing facility.

### **4 CHANGES TO SAILING INSTRUCTIONS**

- 4.1 Any change to the sailing instructions will be posted at least 30-minutes before the next scheduled start-time, and any change to the schedule of races will be notified at a competitors' briefing.
- 4.2 If changes are required whilst afloat, the Committee Boat will make repeated sound signals for boats to approach within hail, when these changes will be passed verbally.

### **5 SIGNALS MADE ASHORE**

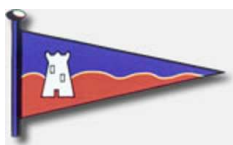
- 5.1 Signals made ashore will be displayed at the Club Flagstaff.
- 5.2 After a long postponement ashore, to alert boats that a race or sequence of races will begin soon, an orange flag will be displayed with one sound. Competitors are responsible for informing themselves of any new changes to Instructions and must then go afloat immediately and proceed to the start-area.

### **6 CLASS FLAGS**

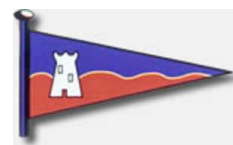
Class flags will be: Handicap Numeral Pennant-4, and Class Flags as defined in NoR.

### **7 RACING AREAS**

- 7.1 The Racing Area will be outside the Racing-Exclusion-Zone indicated at Appendix, unless the nature of a Passage Race requires competitors to cross this Exclusion-Zone. The Exclusion Zone is bounded to the South by an imaginary line bearing 135-deg from the outer end of the beach Breakwater and a West-East extension from the beach of The Ravine.
- 7.2 Competitors may need to cross the inner area of this Racing-Exclusion-Zone to reach the racing area; when doing so they should take greatest care to proceed Southwards as soon as reasonably possible within the prevailing conditions, but in any case always to keep well clear of potential shipping at the Harbour Mouth and new Port Mouth and also the "Cauldron" disturbed waters. Competitors should defer to IRPCAS and recognise that port shipping is almost always, "Restricted-in-Ability-to-Manoeuvre" and therefore has Right-of-Way over sailing dinghies and support craft.



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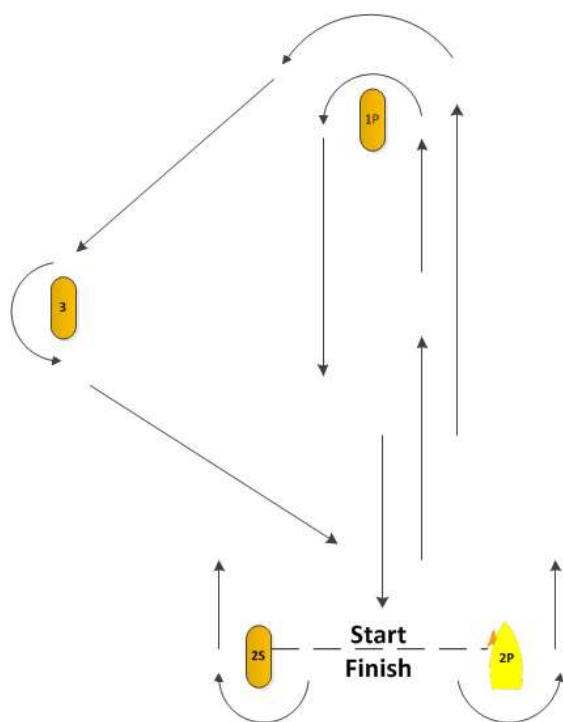
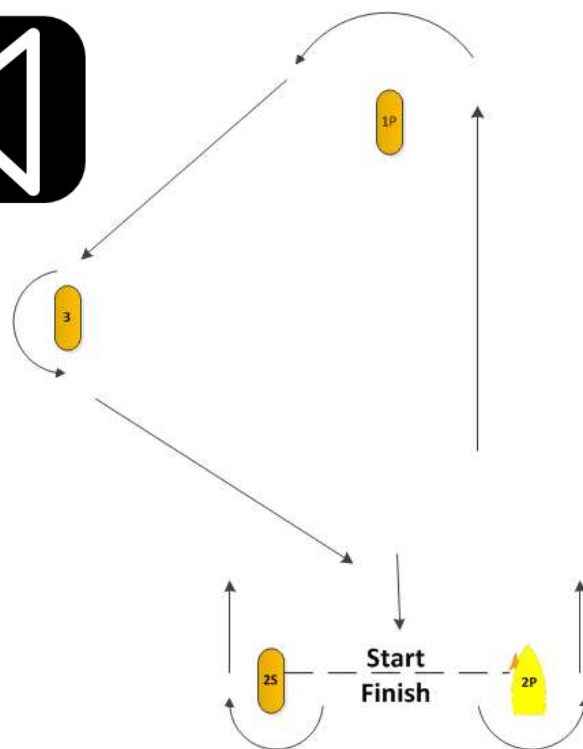
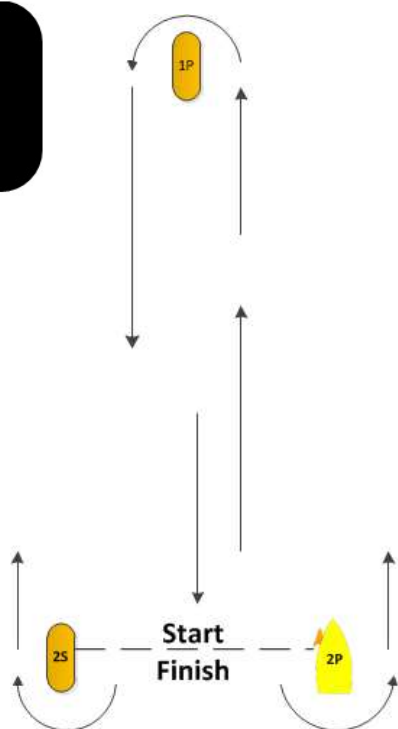
## 8 THE COURSES

8.1 The diagrams are illustrative and do not show bearings or distances between marks.

Standard Courses: Symbol

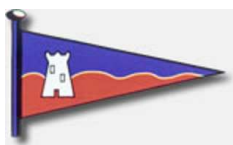
('S', Sausage)

('T', Triangle)



If No Symbol is displayed, then 'O', Olympic Course

A combination of Sausage (odd Rounds) and then Triangle (even Rounds)



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- 8.2 All rounding Marks to be taken to Port, unless a Green Flag is shown before the preparatory signal, in which case to be taken to Starboard. *Only Port-hand is represented in the diagram.*
- 8.3 Start-Finish Line is a Leeward Gate; boats must pass downwind through the Gate, then either round the left-hand Mark (usually Start-Shed) to Port, or round the right-hand Mark (usually the outer Limit Mark) to Starboard; this either before starting the next windward leg, or to Finish.
- 8.4 Course Marks will be orange inflatable buoys; the start/finish outer limit mark may be any plastic buoy.
- 8.5 After the Start of a race, the Race Committee may move any mark or lay a substitute in order to preserve the intended course configuration and lift the original Marks as soon as practicable. A boat will be stationed near the start of the first affected leg and will attempt to display either a RED or a GREEN Flag accompanied by repetitive sound signals to indicate that the amended course-bearing lies to Port or Starboard of the previous bearing.
- 8.6 Number of Rounds will not normally be displayed.

## 9 START

- 9.1 When on-station and ready to proceed, the Start-Boat will display an Orange Flag.
- 9.2 Starting procedure will use 5-min (Warning) / 4-min (Preparatory) / 1-min / GO! signals; if more than one Start are to be conducted, then the GO! signal for an earlier Start becomes the 5-min signal for a subsequent Start.
- 9.3 The Start-Line will be between the Signal Mast on the Committee Boat and an Outer Distance buoy.

## 10 OBSTRUCTIONS

- 10.1 The wreck of the White Swan is marked by a red Admiralty buoy and lies 250m SW of the shore side "Cafe" (indicated approximately at Appendix); competitors should avoid this area and if in doubt may request, "Water", to do so.
- 10.2 A Beach Patrol regularly sets up a Swimming Area marked by shore side flags that may be close to the launch/recovery area of beach; competitors should remain vigilant for swimmers at all times, both within and outside this zone; notwithstanding restrictions imposed by prevailing conditions competitors should attempt to recover close to the breakwater.

## 11. SHORTENING COURSE

- 11.1 The course may be shortened at any time, and at any Mark.
- 11.2 The Finish-Line will be between the Signal Mast of the Committee Boat and a nearby buoy.
- 11.3 At the Finish the Committee Boat will display a Blue Flag.
- 11.4 If handicaps are to be used for establishing finishing positions, then elapsed time per Round will be used; in this case boats may complete differing numbers of Rounds and no distinction made of the Round configuration.
- 11.5.1 The Time Limit for the first boat to finish normal races will be 90-minutes; this may be varied at a pre-race briefing.
- 11.5.2 Any boat which does not finish within 30-minutes of the first finisher may be scored DNF, or if possible, given its time-position on completion of its previous lap, or other equitable award as the Race Committee decides.

## 12 PROTESTS

- 12.1 A boat shall inform the Race Committee of her intention to protest before leaving the vicinity of the Finish-Line; such protest shall be lodged with the Race Committee within 15-minutes of the last boat coming ashore for that series of races.



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12.2 The alternative RYA Arbitration System for Protests may be available; if used then the stipulated Alternative Penalty will be 10% time added to elapsed.

12.3 For Club series, the number of races to count shall be 50% of those scored; at Open events it will always be attempted to provide at least one discard.

## 13 SCORING

13.1 The RRS Low Point Scoring system will be used.

13.2 For a Regatta of three or more races, one discard shall be allowed unless two or fewer races are completed when all races shall be counted.

## 14 SAFETY

14.1 Competitors shall wear personal buoyancy devices while racing

14.2 Competitors shall indicate their intention to race on the appropriate entry-form; for Open Regattas this shall be by completing the entry pro-forma; for normal Club races the pro-forma shall be available by the official Notice-Board.

14.3 Declarations for retirement or completion of penalties are required, within Protest Time [see 12.1 above].

## 15 RECOVERY OF SUPPORT CRAFT

All available competitors are requested collectively to assist in recovery of Committee and Support boats from the water to the boat-park.

## 16 BERTHING

Boats shall not be parked across the esplanade above the beach ramp in such a manner as may cause obstruction to the public or emergency Services; ongoing rigging and de-rigging at railings outside the Club, or on the beach is not included within this.

## APPENDIX:

### Racing Exclusion Zone

